



WILD VEDIC LIVING MENU  
NEPTUNE DROP IN  
DAY 1

## Breakfast

CHIA PUDDING BAR WITH BERRY PUREE  
GREEN JUICE OR SMOOTHIE  
AVO TOASTS WITH GRANDVIEW BAKERY BREAD

## Snacks + Tea Setup

HERBAL TEA HAND-PICKED FROM JENNY'S GARDEN  
POPCORN  
CASHEW DIP AND VEGGIE SPREAD

## Dinner

MEDITERRANEAN GRILLED VEGGIES + RICE  
MAGICAL GREEN FALAFELS  
TABOULI SALAD  
TAHINI DRIZZLE SAUCE  
BAKLAVA STUFFED DATES



WILD VEDIC LIVING MENU  
NEPTUNE DROP IN  
DAY 2

## Breakfast

OATMEAL BAR

SWEET POTATO LAYERED QUICHE

## Snacks + Tea Setup

HERBAL TEA HAND-PICKED FROM JENNY'S GARDEN

FRUIT AND ENERGY BALLS OR BARS

## Dinner

GRILLED VEGAN + CHICKEN KABOBS

THAI PAD SEE EW NOODLES

SPRING ROLLS

COCONUT MILK MANGO SORBET